

Lectin Therapy: A Way to Explore in Order to Inhibit the Binding of COVID-19 to these Host Cells

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Abstract:- When COVID-19 appeared in November 2019 in the city of Wuhan, in central China, no epidemiologist had predicted such a pandemic. Currently, no vaccine or drug is available, the treatment with azithromycin and hydroxychloroquine remains limited because it does not specifically target the viral pathogen. Most enveloped viruses express glycoproteins on their surface; lectins are proteins that specifically bind to glycosylated residues, many of which are proposed as a treatment for viral infections. Several antiviral lectins are successfully used against hepatitis C, influenza A / B, herpes, Japanese encephalitis, HIV and the Ebola virus. In this review, we will highlight the various viral infections treated with lectin-based drugs, as well as their modes of administration. In addition, and in order to inhibit the binding of COVID-19 to these receptors, we propose the use of some lectins as antiviral therapeutic agents, either by blocking receptors (glycoproteins) of the virus at the level of host cells or by masking the glycoproteins of the viral envelope.

Keywords:- COVID-19, Lectins, Drugs, Receptors, Glycans, Glycoproteins.

I. INTRODUCTION

Lectins are proteins or glycoproteins of non-immune origin having at least two binding sites which recognize a specific sequence of carbohydrate residues [1]. Lectins can be isolated from a wide range of natural sources, namely: bacteria, yeasts, fungi, higher plants [2], [3], [4], [5], [6], [7], [8], [9]. The physiological functions of lectins are still conjectural, however their role in growth [10], their intervention in cell adhesion and recognition [11], [12], phagocytosis [13], fertilization [14], ontogenesis [15], their modification during differentiation, their function in the secretion phenomenon and proteolytic stability [16] have been demonstrated. By their strict specificity for different glycans, lectins have become a first choice tool for the biochemical [17] and histochemical [18] characterization of cellular glycoconjugates. Lectin-glycoprotein interactions are the basis of many biological phenomena such as the adhesion of viruses to the surfaces of host cells. Many lectins inhibit replication of viruses by interacting with viral envelope glycoproteins [19], [20], [21], [22], [23]. Inhibition of this type of interaction by lectins will allow to develop new antiviral therapies. In this review, we

highlight whatever lectins have been used for their ability to block the access of certain viruses in their host cells. In addition, we propose some lectins that can potentially be used as a possible therapy for Covid-19.

II. LECTINS AS ANTIVIRAL DRUGS

Any viral therapy relies on the early inhibition of viral penetration in these target cells, and the choice of inhibitors, the identification and characterization of the molecules that block the entry of the Virus are essential. The spread of a virus and the progression of the disease depend on the direct interactions between the virus and the host cell receptors [24], these receptors are often glycoprotein in nature. The glycoproteins of the viral envelope are highly glycosylated, the lectins have binding properties to these carbohydrates involved in antiviral activity, thus blocking the interaction between the glycoproteins of the viral envelope and cell surface molecules involved in the entry of the virus. Targeting glycans of viral envelope proteins is a promising approach in the development of antiviral therapies. In addition, lectins are powerful tools for better understanding the first stages of the entry of viruses into host cells. Several lectins isolated from natural sources inhibit microbial and viral pathogens in vitro and in vivo [25], [26], [27], [28], [29], [30]. These lectins specifically bind to glycoproteins in the viral envelope, thereby blocking entry of the virus into host cells [31], [32], [33], [34], [35], [36]. In this review, we outline some viral infections treated with lectins.

➤ *Hepatitis C virus (HCV)*

Hepatitis C virus (HCV) is a linear, single-stranded RNA virus of positive polarity, with an icosahedral capsid and an envelope. The glycoproteins E1 (gp31) and E2 (gp70) are membrane proteins used in the composition of viral envelopes. Like type I transmembrane proteins, they have an N-terminal domain and an hydrophobic C-terminal region for anchoring in the endoplasmic reticulum and related structures. The 27 N-terminal amino acids of E2 constitute the hypervariable region, exposed on the surface of E2 and site of one of the main neutralizing epitopes of the virus [37]. E1 and E2 can form two types of complexes: E1 / E2 heterodimers made up of native proteins and stabilized by non-covalent interactions (productive pathway); heterogeneous aggregates linked by disulfide bridges and interacting with chaperone molecules (non-productive pathway), which could play a role in negative

regulation of viral particle formation and replication [38], [39]. An early interaction between the surface of the envelope glycoproteins and the glycosaminoglycans located on the surface of target cells could be involved in the recognition and cellular tropism of the virus [40]. Envelope glycoproteins are involved in cell recognition and the interaction of viral particles with the receptor molecule (s) and the penetration of the virus into the cell. They play a role after internalization, in particular in the undressing of enveloped particles and in the assembly of virions. An early interaction between the surface of the envelope glycoproteins and the glycosaminoglycans located on the surface of target cells could be involved in the recognition and cellular tropism of the virus [40]. Plant or microbial lectins are known to exhibit potent antiviral activities against viruses with glycosylated surface proteins. Studies of Kachko et al., [41], have demonstrated that the lectin *Galanthus nivalis* (GNA) can be a better agent therapeutic due to the specificity for hepatitis C virus glycoproteins. GNA binds specifically to the disaccharide Mannose α (1-3) terminal Mannose. Other studies have shown that lectins recognizing mannosylated residues have an affinity grade for hepatitis C virus glycoproteins like lectin *Griffithsin sp.*, (GRFT) which specifically binds to α (1,2) mannosylated = (α -D-Man-1 \rightarrow 2-D-Man, 2-O- α -D-Mannopyranosyl-D-mannopyranose) [42] and the lectin *Cymbidium agglutinin* (CA) which recognizes N-linked oligosaccharides with high mannose content [43].

➤ *Influenza A / B virus*

Influenza viruses belong to the family of *Orthomyxoviridae*, represented by three genera, viruses A, B and C. Only influenza A and B viruses are responsible for influenza. These are enveloped viruses whose genome consists of a segmented single-strand negative RNA (8 segments). Influenza A viruses are also classified into subtypes, depending on the nature of the hemagglutinin (HA or H) and neuraminidase (NA or N) surface glycoproteins.

The H1N1 viruses preferentially bind to sialic acid α -2,3-galactose β -1,3-N-acetyl galactosamine, this trisaccharide is recognized by the lectin *Maackia amurensis* (MAA); while H3N2 viruses have specificity for sialic acid α , 2,6-galactose β 1,4-N-acetyl glucosamine which is recognized by the lectin *Sambucus nigra* (SNA) [44]. The virus-sialic acid α , 2,6-galactose β 1,4-N-acetyl glucosamine interaction is facilitated by the methyl groups of neuraminic acid [45].

➤ *Herpes virus*

It is a double stranded DNA virus in which there are two types, the Herpes simplex virus type 1 (HSV-1) and the Herpes simplex virus type 2 (HSV-2). It can be the cause of 1 infection commonly called herpes. The jackfruit lectin (JFL) of *Artocarpus heterophyllus* has been shown to have inhibitory activity in vitro with a cytopathogenic effect against the herpes simplex virus type 2 (HSV-2) [46]. JFL specifically binds to viral glycoproteins with terminal disaccharides Galactose β (1, 3) N-acetyl galactosamine. Other terminal mannose-specific lectins have shown great

antiviral activity of herpes, namely *Griffithsin* (GRFT) [47], *Cyanovirin N* (CV-N) [48], *Typhonium divaricatum* (L.) Decne [49], and *Polygonatum odoratum* (POL) [50].

➤ *Japanese encephalitis virus*

The Japanese encephalitis virus (JEV) is an enveloped virus, the viral genome, represented by a positive single-stranded RNA, is enclosed in a protein capsid. The outer envelope is formed by a glycoprotein (E) which constitutes the protective antigen [51], and formed by two potential glycosylation sites [52], which are important for fixation, fusion, penetration, cellular tropism, virulence and attenuation of the virus [53]. The JEV outer envelope glycoproteins are highly mannosylated.

Griffithsine (GRFT) is a lectin specific for glycoproteins carrying the terminal oligomannose residues α -D-Mannose α (1-2)D-Mannose,2-O- α -D-Mannopyranosyl-D- mannopyranose. Hassan et al., [54], evaluated the antiviral activity (in vitro and in vivo) of GRFT against infection with the Japanese encephalitis virus (JEV); this study suggested that GRFT prevents JEV infection at the entry phase by targeting the virus, and that this lectin is an antiviral agent with a potential application in the development of therapies against JEV or other flavivirus infections.

➤ *Coronavirus*

Coronaviruses have been known in the veterinary community since the 1930s. In 2003, the identification of a coronavirus as the etiological agent of Severe Acute Respiratory Syndrome (SARS), circulating in a pandemic manner [55]. In 2012, a new human coronavirus, MERS-CoV, emerged in the Middle East. It is responsible for a pathology similar to SARS [56]. These coronaviruses are characterized by a single stranded, unsegmented RNA genome; they are the largest genomes of RNA virus listed to date. Yohichi Kumaki et al., [57] have shown that the lectin Agglutinin *Urtica Dioica* (UDA) binds to N-acetylglucosamine-like residues present on glycosylated envelope glycoproteins, thus inhibiting the binding of SARS-CoV to host cells. The elimination of the MERS-CoV virus has been successfully achieved, using the lectin *Galanthus nivalis agglutinin* (GNA), which recognizes the disaccharide mannose α (1-3) Mannose terminal of the glycoprotein of the viral envelope [58]. The surface glycoprotein (S) of the severe acute respiratory syndrome coronavirus (SARS-CoV) facilitates its penetration into host cells, by binding to the angiotensin 2 converting enzyme (ACE2) [59], [60], [61]. SARS-CoV and SARS-CoV 2 differ from each other only by 25% with regard to viral proteins [62], in addition SARS-CoV 2 also binds the enzyme of angiotensin 2 conversion [63], [64]. Protein S of SARS-CoV has several N-glycosylated surface sites rich in mannose, hybrid N-glycans and complex N-glycans [65]. Glycoprotein S is the gateway to the virus, and a major target for antiviral drugs such as lectins, which it is proposed to be used to prevent binding of COVID-19 to these target cells. Among the lectins which can optionally bind to the glycoprotein S, there may be mentioned: *Canavalia ensiformis* (Con A), *Pisum sativum* (PSA), *Lens*

culinaris (LCA), *Vicia faba agglutinin* (VFA), *Vicia cracca* (VCA), *Onobrychis viciifolia* (OVA) and *Lathyrus sativus* (LEC).

➤ *Human immunodeficiency viruses (HIV)*

The viral envelope glycoproteins play an essential role in the phenomenon of its intrusion into host cells. In the case of HIV-1, the surface envelope glycoproteins gp120 and gp41 are highly glycosylated, and play a key role in the fusion of the virus to infected cell membranes [66]. Indeed, powerful anti-HIV actions are attributed to lectins with specific recognition for mannose (Man) and / or N-acetylglucosamine (GlcNAc) [67]. Lectins with antiretroviral activities have been identified and isolated from animals [68], plants [69], microorganisms [70] and are used as natural anti-HIV products. Many lectins have been researched as natural anti-HIV products, namely: *griffithsin* (GRFT), *actinohivine* (AH), *concanavalin-A* (ConA), *cyanovirin-N* (CV-N), *microvirin* (MVN) and *banana lectin* (BanLec).

The *griffithsin* lectin (GRFT): extracted from the red alga *Griffithsia sp.*, Is a lectin with six oligosaccharide binding sites recognizing the terminal oligomannose residues α -D-Mannose α (1-2)-D-Mannose, 2 -O- α -D-Mannopyranosyl-D-mannopyranose [71], [72], [73], [74], [75]. This lectin inhibits the binding of HIV-1 to these host cells. GRFT inhibits the CD4-dependent glycoprotein (gp) 120, which is rich in mannose-type glycans.

Actinohivine (AH): Is an anti-HIV lectin, isolated from *actinomyces* of the genus *longispora albida* [76]. HA specifically binds to glycoproteins with several mannose-rich glycans [77]. The low toxicity of AH is explained by its extremely high specificity for glycoproteins having a high amount of glycans, and more specifically a high amount of mannose, as is the case for gp120 of HIV. Furthermore, AH does not fix certain human glycoproteins, which however are provided with numerous molecules of mannose because they do not have the same structure as gp120. Thus AH is developed as a microbicide preventing transmission and infection by HIV.

Concanavalin-A (ConA): Among the first lectins discovered [78], which has a great affinity for the mannosylated glycan chains. Its inhibitory power of the human immunodeficiency virus type 1 (HIV-1) has been demonstrated by Pashov et al [79] *Concanavalin A* (ConA) behaves like neutralizing antibodies, which do not interact directly with the CD4 of gp120, but rather with the later stages of access of the virus in these target cells. The binding of ConA to viral envelope glycoproteins is less sensitive to mutations in glycosylation sites, due to its great affinity for mannose residues.

Cyanovirin-N (CV-N): It is extracted from cultures of cyanobacteria (blue-green algae) *Nostoc ellipsosporum* [80]. Low concentrations of natural CV-N inactivate irreversibly various strains of the human immunodeficiency virus (HIV) type 1 as well as strains of HIV type 2. The antiviral activity of this lectin is due to its high affinity for

the mannose-rich glycoproteins of the envelope of gp120 viral surface.

Microvirin (MVN): It is a lectin isolated from the cyanobacterium *Microcystis aeruginosa*, it is capable of inhibiting HIV-1 infection, and also inhibits the formation of syncytium between T cells persistently infected by HIV-1 and uninfected CD4 (+) T cells [81]. This lectin specifically binds to surface glycoproteins carrying mannose α (1-2) mannose disaccharides. Therefore, MVN can be considered a useful lectin for potential microbicidal use due to its broad and potent antiviral activity.

Banana lectin (BanLec): It is a lectin isolated from the banana fruit, *Musa acuminata* [82]. This lectin binds to glycoproteins with a high content of mannosylated carbohydrates, such as the human immunodeficiency virus type 1 (HIV-1). BanLec inhibits HIV-1 infection by binding to the glycosylated viral envelope and blocking cell entry; it is used as an antiviral microbicide to prevent the sexual transmission of HIV-1 [83], [84].

Generally, these lectins contain multiple glycan binding sites allowing them to form multivalent interactions with gp120; such interactions give lectins the ability to neutralize different strains of HIV-1 and HIV-2.

➤ *Ebola virus*

Ebola is a negative-stranded RNA virus from the *Filoviridae* family, which is the cause of fatal hemorrhagic fevers. The envelope glycoproteins are highly glycosylated (GP1 and GP2), they ensure binding to receptors (GP1) and fusion of the host-virus cell membrane (GP2). Surface glycoproteins (GP) are highly glycosylated, and are rich in mannosylated N-glycans [85]. *Banana lectin* (BanLec), has been used as an antiviral agent because it binds to the mannose-rich glycans present on viral surface glycoproteins, thus exerting anti-Ebola virus effects by inhibiting both entry and transcription / virus replication [86]. In addition, other authors have used the lectin *Amaryllis* (HHL), which binds only to α -mannose residues; and prove the effectiveness of the administration of physiological doses of Mannose-binding lectin (MBL) products with high concentrations to individuals infected with the Ebola virus [87].

III. HOW TO ADMINISTER THESE LECTINS?

For lectins to be used as drugs, they must obey three main physiological conditions: (1) must not be toxic (2) must not be degradable by proteolytic enzymes (3) and do not cause immunogenicity. The purpose of choosing the general or systemic route is for the lectin used as an antiviral (the active ingredient) to pass through the bloodstream and to reach its site of action intact. Studies of macaques with simian immunodeficiency virus (SIV) have shown that the use of the gel *cyanovirin-N* lectin prevents rectal transmission of SHIV in macaques (88); the same lectin inhibits viral development in mice affected by the Zairian strain of Ebola virus (Ebo-Z), after its administration by subcutaneous injection [85]. *Griffithsin*

(GRFT), a lectin of the *Griffithsia* species, inhibits the replication of the human immunodeficiency virus-1 (HIV-1) by intraperitoneal injection [89]. Other lectins have been used by intranasal administration to prevent respiratory infections in the case of infections with viruses of the Coronavirida family [90], and of influenza A [91].

IV. CONCLUSION

Lectins have shown great potential to inhibit, prevent multiple infections, and / or improve the general health of people with viral infections. The covid-19 envelope glycoprotein S is rich in mannose, hybrid, and complex N-glycans. This glycoprotein is the key to the viral life cycle and a major target for antiviral drugs such as lectins. The choice of these lectins must imperatively respect the specificity of the glycoproteins of the viral envelope. In order to prevent the binding of COVID-19 to these target cells, it would be appropriate to use lectins whose binding specificity is mannose or / and hybrid and complex N-glycans. Therefore, we propose the following lectins as a therapeutic agent because of their specificities for the Covid-19 glycoproteins: *Canavalia ensiformis* (Con A), *Pisum sativum* (PSA), *Lens culinaris* (LCA), *Vicia faba agglutinin* (VFA), *Vicia cracca* (VCA), *Onobrychis viciifolia* (OVA) and *Lathyrus sativus* (LEC). Given the number of lectins used as therapeutic agents against several viruses, it is not surprising that others can be used as covid-19 drugs.

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